LOVE THY CARROT

real food made with love

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ROMANIAN EGGPLANT DIP (SALATA DE VINETE)

INGREDIENTS

- 1 medium eggplant, whole
- 1 medium green or red pepper, cut in quarters and seeded.
- 2 green onions, chopped
- 1 to 2 tsp of canola oil, or more if needed (you could use any light tasting oil)
- 1/2 tsp salt, or more to taste dash of white pepper

DIRECTIONS

- 1. Place eggplant and peppers on a baking sheet and broil until charred on all sides, turning often.
- 2. When done take out of the oven and let the eggplant and peppers rest for at least 30 minutes or until cool enough to handle.
- 3. When cool carefully peel the charred skin from the eggplant and peppers, set aside.
- 4. Add the green onion to the food processor and process until finely chopped.
- 5. Place only the flesh of the eggplant and peppers into the food processor. Add the oil, salt and pepper, mix well.
- 6. Taste and adjust seasonings.
- 7. Spread on crackers or crusty bread.
- 8. Best served at room temperature.